



# YOU DESERVE BETTER HEALTHCARE

Get better care, while saving time and money, with a new program for NJ State Health Benefits Program (SHBP) and NJ School Employees' Health Benefits Program (SEHBP) members and their families.



Care is Primary.™



## TYPICAL PATIENT SYMPTOMS:

- Long wait times
- Rushed conversations with doctors
- No return phone calls
- Unavailable evening or weekend hours
- Difficulty scheduling an appointment
- Increased out-of-pocket costs

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## PRESCRIPTION:

**DIRECT PRIMARY CARE** - AN INNOVATIVE APPROACH TO HEALTHCARE.

R-Health Direct Primary Care brings the doctor-patient relationship back to the forefront, giving you the personal care you deserve. When you become a member at an R-Health practice, you get convenient, unlimited access to your own personal physician with no co-pays or deductibles. Your R-Health doctor works to keep you healthy and is there for you when you get sick—whether you're on the go and want a short phone consultation or would prefer to come in for a comprehensive appointment.

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**“When I got sick on vacation, my doctor was able to diagnose me and call in a prescription, saving me the hassle and cost of an urgent care visit. I love that I don’t always have to go into the office to have a conversation with my doctor.”**

- Michelle L.

# R-HEALTH MAKES IT EASY TO TAKE BETTER CARE OF YOURSELF AND YOUR FAMILY.

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R-Health physicians provide a full range of services with no co-pay, deductible, or per visit fees – just convenient access to your personal doctor whenever you need it.

## R-HEALTH DOCTORS OFFER COMPREHENSIVE FAMILY CARE:

- Preventive care
- Urgent care
- Sick care
- Women's health services\*
- Pediatric care\*
- Health and wellness coaching
- Chronic disease management
- Care coordination
- Longer office visits

\*Offerings vary by physician



## SIMPLE



**UNLIMITED ACCESS** TO YOUR PERSONAL DOCTOR



A DOCTOR WHO **TAKES THE TIME** TO TRULY GET TO KNOW YOU AND YOUR HEALTH NEEDS



A **DEDICATED DOCTOR** TO HELP YOU CHOOSE THE RIGHT TREATMENTS, HOSPITALS, AND SPECIALISTS FOR YOU AND YOUR FAMILY

## SAVE MONEY

**R-HEALTH DIRECT  
PRIMARY CARE  
MEMBERSHIP IS  
AN ENHANCED  
BENEFIT  
TO YOUR STATE  
SHBP / SEHBP PLAN**

**NO CO-PAYS**

**NO PER VISIT FEES**

**NO DEDUCTIBLES**

## CONVENIENT



**SAME-DAY** OR NEXT-DAY APPOINTMENTS

EVENING AND **WEEKEND HOURS**

IN PERSON APPOINTMENTS WITH  
**LITTLE** OR **NO TIME** IN THE WAITING ROOM



**ACCESS** TO YOUR DOCTOR VIA E-MAIL, DIGITAL  
MESSAGING AND PHONE CONSULTATIONS



## SIGNING UP FOR R-HEALTH IS SIMPLE.

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GO TO

**[WWW.R-HEALTH.MD/NJ](http://WWW.R-HEALTH.MD/NJ)**

TO SIGN UP OR CALL

**800.797.1289**

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**SELECT YOUR R-HEALTH DOCTOR**

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**SCHEDULE YOUR FIRST APPOINTMENT**

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**ENJOY CONVENIENT ACCESS TO THE VERY BEST HEALTHCARE**

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**"I came to R-Health because I needed somebody to care about my health as much as I do. Try it. It will change your life."**

**- Andrew M.**



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**800.797.1289**

